Benedictine Explorers

A two week program: July 9-25, 2027

For women who are:

Single Christian women, 21-45 years old, interested in religious life
Willing to live in an intergenerational environment
Willing to live a celibate life while in the program
Willing to pray and work in community
Willing to receive training or to be in formation

This is an intensive, formative, monastic living program.

Arrival: Friday July 9 at 3 PM

The Benedictine Explorers will work 4 hours a day

- Washing dishes
- Working outdoors part of each day on the monastery grounds
- Working on the social media for Vocations, talking about their experience living at the monastery (Instagram, Facebook, etc.,)
- Hospitality at the Center &/or Sunday Mass
- Assisting a sister with her work

The Benedictine Explorers will receive formation:

- The Rule of Benedict--Intro
- Shadow work
- Praying the Psalms
- They might participate in some of the Center programs

They will experience Centering Prayer, Lectio Divina , praying the Liturgy of the Hours with the sisters.

Each Benedictine explorer will be assigned a sister for spiritual direction.
Follow the rhythm of prayer, work and leisure each day
Participate in Recreation with the sisters
Enjoy holy conversation, silence and quiet discerning time

Departure: July 25, 2027

An Explorer is free to leave the program any time after previous consultation--or St. Placid can release her anytime, with previous consultation.

Sister Paz will be in charge of the program and will meet weekly with the Benedictine Explorers for individual check-in and group check-in.

READY TO APPLY?

https://stplacid.org/wp-content/uploads/2026/10/2027.BenExplApp-SpBio.docx