

**Primary Learning Topics for
Listening with the Spirit 2025-2026 Year 1
(Facilitators: Dr. Mary Pandiani, Sister Monika Ellis)**

- 10/01/25 1. Defining Spiritual Direction; Expectations & overview of formation Yr 1 & 2
- 10/08/25 2. Faith Sharing/Participant stories of call to be a Spiritual Director
- 10/15/25 3. Faith Sharing/Participants stories of call to be a Spiritual Director
- 10/22/25 4. Spirituality of Spiritual Director/Directee; Using Richard Fosters 6 Streams
- 10/29/25 5. Prayer Overview as it relates to Spiritual Direction
- 11/05/25 6. Praying with Scripture/Holy Writings as they relate to a spiritual direction session
- 11/12/25 7. Compassionate, Contemplative Listening in Spiritual Direction
- 11/19/25 8. Relationship to God and Images of God in prayer

11/26/25 No class (Thanksgiving Nov. 27)

- 12/03/25 9. Enneagram Dynamics in Spiritual Direction—Lauri Powers (guest)
- 12/10/25 10. Discernment about Staying with the Movements of God

12/17/25, 12/24/25, 12/31/25 Break

- 01/07/26 11. Discernment about Resistance to the Movements of God
- 01/14/26 12. Wisdom of the Body and Feelings
- 01/21/28 13. Intimacy, Sexuality, Passion, Love, Gender Issues
- 01/28/26 14. Communication and using Evocative Questions with the Directee
- 02/04/26 15. Creativity in Spiritual Direction—S Monika
- 02/11/26 16. Unconscious, Active Imagination & Understanding of Dreams with Directee

02/18/26 No class on Ash Wednesday

- 02/25/26 17. Defining Group Spiritual Direction
- 03/04/26 18. Stages of Faith
- 03/11/26 19. Loss, Grief, Forgiveness
- 03/18/26 20. Aging, Dying, and Mental Illness
- 03/25/26 21. How to help the Directee in Transition; how to help the Director find Directees

04/01/26 No class – Holy Week

- 04/08/26 22. Creating Hospitality of the Heart by the Director with the Directee
- 04/15/26 23. Gaining Trust with Directee through Director's Presence & Attitude of Gratitude and Appreciation
- 04/22/26 24. Internship Preparation
- 04/29/26 **In-Person Party** at St. Placid/Priory Spirituality Center - Sophia Room (lunch)

Vocational Discernment about Call to go to Yr 2—personal discernment (no class)

Choices of Payment:

\$2,400 (1 time Oct. 1, 2025) Or **\$1200** (2 times Oct. 1, 2025/Jan. 7, 2026)

Or **\$600** (4 times Oct. 1, 2025/Nov. 12, 2025; /Jan. 7, 2026; Mar. 4, 2026) or work with Janice for a monthly plan.