



SCRIPTURAL STATIONS OF THE CROSS

ON NONVIOLENCE

Nonviolence is the personal practice of not causing harm to others under any condition. It may come from the belief that hurting people, animals and/or the environment is unnecessary to achieve an outcome and it may refer to a general philosophy of abstention from violence.

-Wikipedia

Designed and illustrated by
Roy DeLeon, Oblate SB
with St Placid Priory

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Opening Prayer:

Prayer Leader:

God of power and mercy,
in love you sent your Son
that we might be cleansed of sin
and live with you forever.

Bless us as we gather to reflect
on his suffering and death
that we may learn from his example
the way we should go.

We ask this through that same Christ, our Lord.

All:

Amen.

Before the 1st Station:

Prayer Leader:

We adore you, O Christ, and we bless you.

All:

Because by your holy cross you have redeemed
the world.

1st Station: **Jesus in the Garden of Gethsemane** (Matthew 26:36-41)

Then Jesus went with them to a place called Gethsemane; and he said to his disciples, ***'Sit here while I go over there and pray.'***

He took with him Peter and the two sons of Zebedee and began to be grieved and agitated. Then he said to them, ***'I am deeply grieved, even to death; remain here, and stay awake with me.'***

And going a little farther, he threw himself on the ground and prayed, ***'My Father, if it is possible, let this cup pass from me; yet not what I want but what you want.'***

Then he came to the disciples and found them sleeping; and he said to Peter, ***'So, could you not stay awake with me one hour? Stay awake and pray that you may not come into the time of trial; the spirit indeed is willing, but the flesh is weak.'***

...

With an open heart and mind, what might Jesus be inviting me to consider through these words or picture?

What prayer is in my heart right now?



After the 1st Station:

All:

Lord Jesus, help us walk in your steps.

Before the 2nd Station:

Prayer Leader:

We adore you, O Christ, and we bless you.

All:

Because by your holy cross you have redeemed
the world.

2nd Station: Jesus is betrayed by Judas and is arrested (Mk 14: 43-46)

Immediately, while he was still speaking, Judas, one of the twelve, arrived; and with him there was a crowd with swords and clubs, from the chief priests, the scribes, and the elders.

Now the betrayer had given them a sign, saying, 'The one I will kiss is the man; arrest him and lead him away under guard.'

So, when he came, he went up to him at once and said, 'Rabbi!' and kissed him. Then they laid hands on him and arrested him.

...

With an open heart and mind, what might Jesus be inviting me to consider through these words or picture?

What prayer is in my heart right now?



After the 2nd Station:

All:

Lord Jesus, help us walk in your steps.

Before the 3rd Station:

Prayer Leader:

We adore you, O Christ, and we bless you.

All:

Because by your holy cross you have redeemed
the world.

3rd Station: Jesus is condemned by the Sanhedrin (Luke 22: 66-71)

When day came, the assembly of the elders of the people, both chief priests and scribes, gathered, and they brought him to their council.

They said, 'If you are the Messiah, tell us.'

He replied, *'If I tell you, you will not believe; and if I question you, you will not answer. But from now on the Son of Man will be seated at the right hand of the power of God.'*

All of them asked, 'Are you, then, the Son of God?'

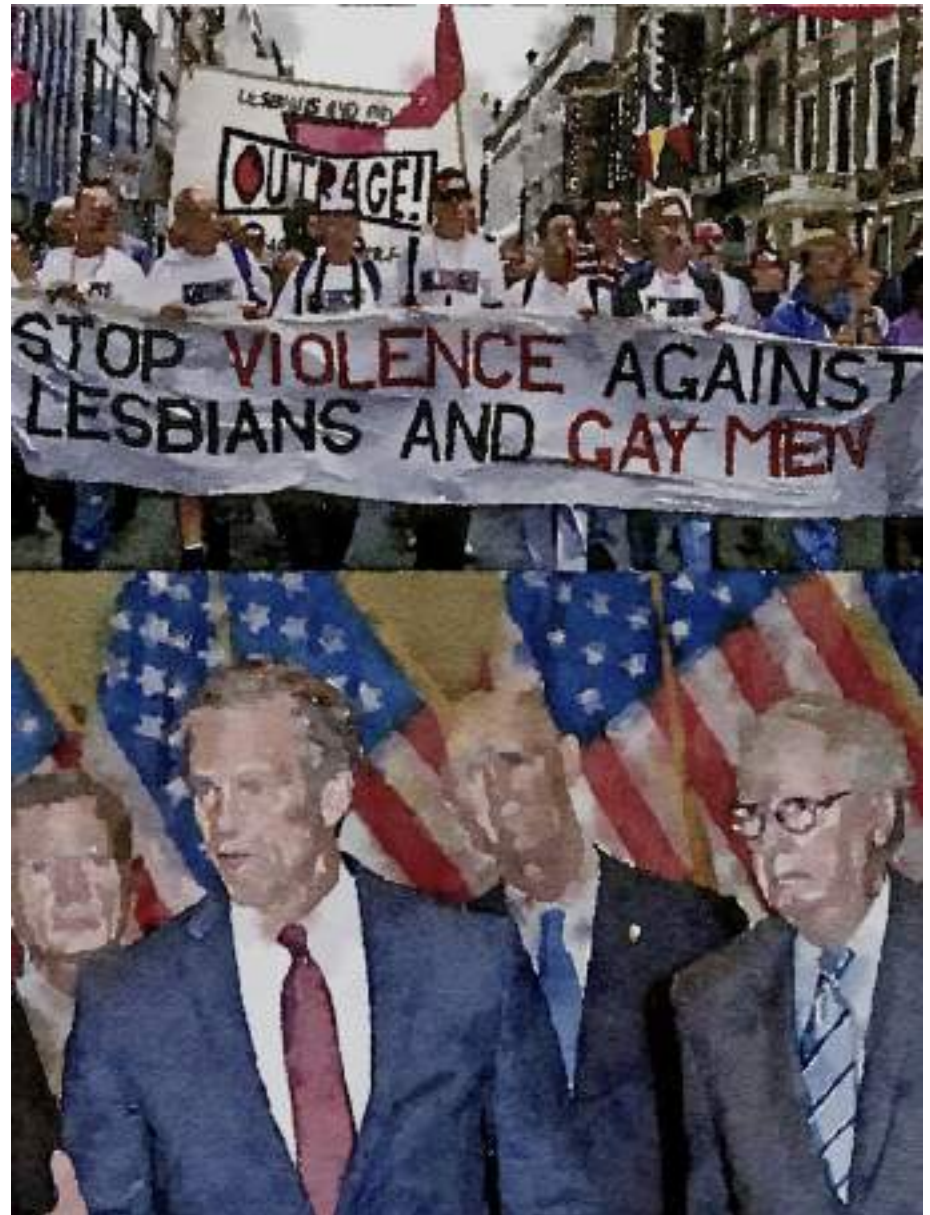
He said to them, *'You say that I am.'*

Then they said, 'What further testimony do we need? We have heard it ourselves from his own lips!'

...

With an open heart and mind, what might Jesus be inviting me to consider through these words or picture?

What prayer is in my heart right now?



After the 3rd Station:

All:

Lord Jesus, help us walk in your steps.

Before the 4th Station:

Prayer Leader:

We adore you, O Christ, and we bless you.

All:

Because by your holy cross you have redeemed
the world.

4th Station: Jesus is denied by Peter

(Matthew 26:69-75)

Now Peter was sitting outside in the courtyard. A servant-girl came to him and said, 'You also were with Jesus the Galilean.' But he denied it before all of them, saying, 'I do not know what you are talking about.'

When he went out to the porch, another servant-girl saw him, and she said to the bystanders, 'This man was with Jesus of Nazareth.' Again, he denied it with an oath, 'I do not know the man.'

After a little while the bystanders came up and said to Peter, 'Certainly you are also one of them, for your accent betrays you.' Then he began to curse, and he swore an oath, 'I do not know the man!'

At that moment, the cock crowed. Then Peter remembered what Jesus had said: **'Before the cock crows, you will deny me three times.'** And he went out and wept bitterly.

...

With an open heart and mind, what might Jesus be inviting me to consider through these words or picture?

What prayer is in my heart right now?



After the 4th Station:

All:

Lord Jesus, help us walk in your steps.

Before the 5th Station:

Prayer Leader:

We adore you, O Christ, and we bless you.

All:

Because by your holy cross you have redeemed
the world.

5th Station: **Jesus is judged by Pilate** (Mark 15:1-5, 15)

As soon as it was morning, the chief priests held a consultation with the elders and scribes and the whole council. They bound Jesus, led him away, and handed him over to Pilate.

Pilate asked him, 'Are you the King of the Jews?' He answered him, '**You say so.**'

Then the chief priests accused him of many things. Pilate asked him again, 'Have you no answer? See how many charges they bring against you.' But Jesus made no further reply, so that Pilate was amazed.

So, Pilate, wishing to satisfy the crowd, released Barabbas for them; and after flogging Jesus, he handed him over to be crucified.

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With an open heart and mind, what might Jesus be inviting me to consider through these words or picture?

What prayer is in my heart right now?



After the 5th Station:

All:

Lord Jesus, help us walk in your steps.

Before the 6th Station:

Prayer Leader:

We adore you, O Christ, and we bless you.

All:

Because by your holy cross you have redeemed
the world.

6th Station: Jesus is scourged and crowned with thorns (John 19:1-3)

Then Pilate took Jesus and had him flogged.

And the soldiers wove a crown of thorns and put it on his head, and they dressed him in a purple robe.

They kept coming up to him, saying, 'Hail, King of the Jews!' and striking him on the face.

...

With an open heart and mind, what might Jesus be inviting me to consider through these words or picture?

What prayer is in my heart right now?



After the 6th Station:

All:

Lord Jesus, help us walk in your steps.

Before the 7th Station:

Prayer Leader:

We adore you, O Christ, and we bless you.

All:

Because by your holy cross you have redeemed
the world.

7th Station: **Jesus bears his cross**

(John 19:6, 15-17)

When the chief priests and the police saw him, they shouted, 'Crucify him! Crucify him!'

Pilate said to them, 'Take him yourselves and crucify him; I find no case against him.' They cried out, 'Away with him! Away with him! Crucify him!'

Pilate asked them, 'Shall I crucify your King?' The chief priests answered, 'We have no king but the emperor.'

Then he handed him over to them to be crucified.

...

With an open heart and mind, what might Jesus be inviting me to consider through these words or picture?

What prayer is in my heart right now?



After the 7th Station:

All:

Lord Jesus, help us walk in your steps.

Before the 8th Station:

Prayer Leader:

We adore you, O Christ, and we bless you.

All:

Because by your holy cross you have redeemed
the world.

**8th Station: Jesus is helped by
Simon to carry his cross** (Lk 23:26)

As they led him away, they seized a man, Simon of Cyrene, who was coming from the country, and they laid the cross on him, and made him carry it behind Jesus.

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With an open heart and mind, what might Jesus be inviting me to consider through these words or picture?

What prayer is in your heart right now?



After the 8th Station:

All:

Lord Jesus, help us walk in your steps.

Before the 9th Station:

Prayer Leader:

We adore you, O Christ, and we bless you.

All:

Because by your holy cross you have redeemed
the world.

9th Station: **Jesus meets the Women of Jerusalem** (Luke 23:27-21)

A great number of the people followed him, and among them were women who were beating their breasts and wailing for him.

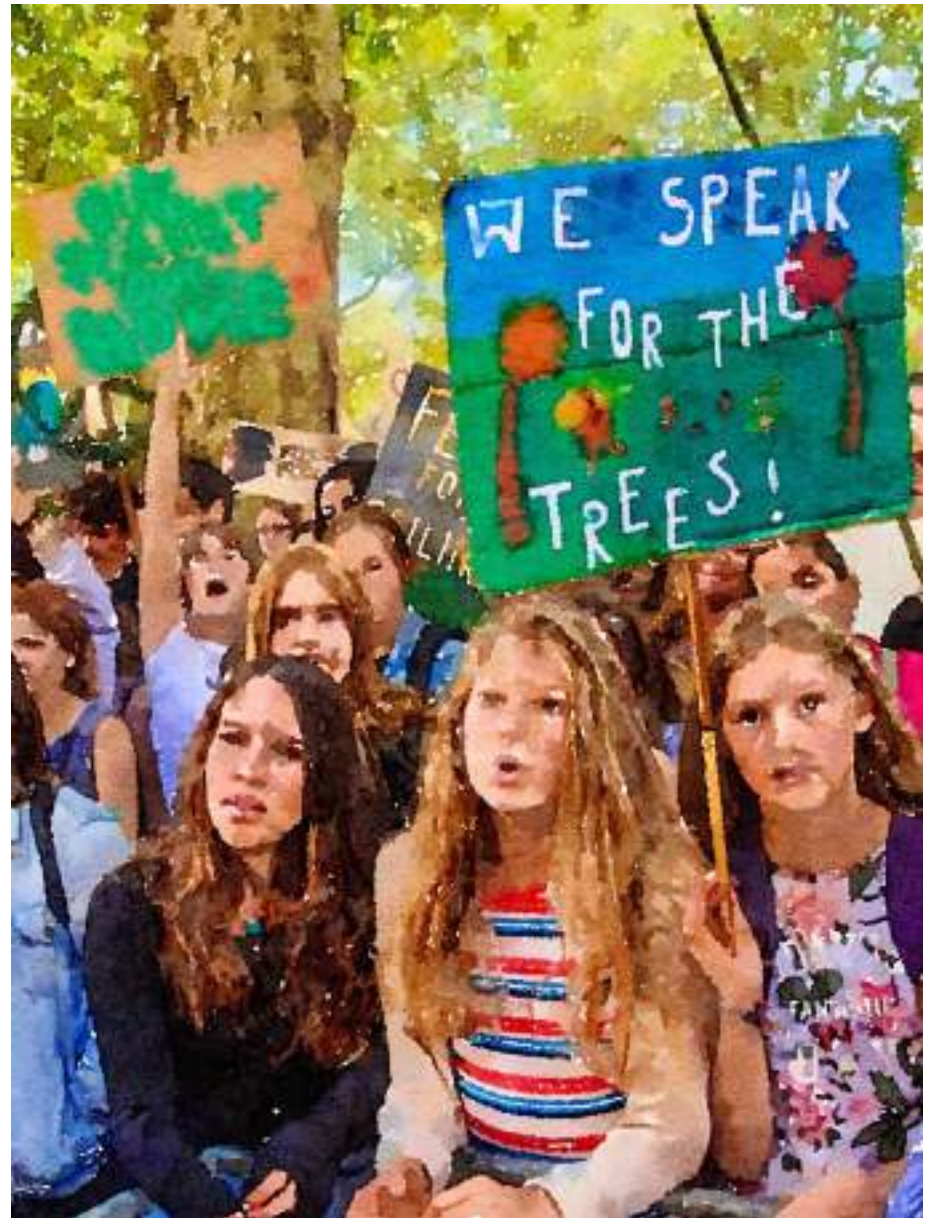
But Jesus turned to them and said, *'Daughters of Jerusalem, do not weep for me, but weep for yourselves and for your children. For the days are surely coming when they will say, "Blessed are the barren, and the wombs that never bore, and the breasts that never nursed." Then they will begin to say to the mountains, "Fall on us"; and to the hills, "Cover us."*

For if they do this when the wood is green, what will happen when it is dry?'

...

With an open heart and mind, what might Jesus be inviting me to consider through these words or picture?

What prayer is in my heart right now?



After the 9th Station:

All:

Lord Jesus, help us walk in your steps.

Before the 10th Station:

Prayer Leader:

We adore you, O Christ, and we bless you.

All:

Because by your holy cross you have redeemed
the world.

10th Station: **Jesus is crucified.**

(Lk 23:32-34)

Two others also, who were criminals, were led away to be put to death with him. When they came to the place that is called The Skull, they crucified Jesus there with the criminals, one on his right and one on his left.

(Then Jesus said, 'Father, forgive them; for they do not know what they are doing.')

And they cast lots to divide his clothing.

...

With an open heart and mind, what might Jesus be inviting me to consider through these words or picture?

What prayer is in my heart right now?



After the 10th Station:

All:

Lord Jesus, help us walk in your steps.

Before the 11th Station:

Prayer Leader:

We adore you, O Christ, and we bless you.

All:

Because by your holy cross you have redeemed
the world.

11th Station: Jesus promises his kingdom to the repentant thief.

(Luke 23:39-43)

One of the criminals who were hanged there kept deriding Jesus and saying, 'Are you not the Messiah? Save yourself and us!' But the other rebuked him, saying, 'Do you not fear God, since you are under the same sentence of condemnation? And we indeed have been condemned justly, for we are getting what we deserve for our deeds, but this man has done nothing wrong.' Then he said, 'Jesus, remember me when you come into your kingdom.'

He replied, ***'Truly I tell you, today you will be with me in Paradise.'***

...

With an open heart and mind, what might Jesus be inviting me to consider through these words or picture?

What prayer is in my heart right now?



After the 11th Station:

All:

Lord Jesus, help us walk in your steps.

Before the 12th Station:

Prayer Leader:

We adore you, O Christ, and we bless you.

All:

Because by your holy cross you have redeemed
the world.

12th Station: **Jesus entrusts Mary and John to each other**

(John 19:25-27)

Meanwhile, standing near the cross of Jesus were his mother, and his mother's sister, Mary the wife of Clopas, and Mary Magdalene.

When Jesus saw his mother and the disciple whom he loved standing beside her, he said to his mother, ***'Woman, here is your son.'***

Then he said to the disciple, ***'Here is your mother.'***

And from that hour the disciple took her into his own home.

...

With an open heart and mind, what might Jesus be inviting me to consider through these words or picture?

What prayer is in my heart right now?



After the 12th Station:

All:

Lord Jesus, help us walk in your steps.

Before the 13th Station:

Prayer Leader:

We adore you, O Christ, and we bless you.

All:

Because by your holy cross you have redeemed
the world.

13th Station: **Jesus dies on the cross** (Mark 15:33-37)

When it was noon, darkness came over the whole land until three in the afternoon. At three o'clock Jesus cried out with a loud voice, '*Eloi, Eloi, lema sabachthani?*' which means, '*My God, my God, why have you forsaken me?*'

When some of the bystanders heard it, they said, 'Listen, he is calling for Elijah.' And someone ran, filled a sponge with sour wine, put it on a stick, and gave it to him to drink, saying, 'Wait, let us see whether Elijah will come to take him down.'

Then Jesus gave a loud cry and breathed his last.

...

With an open heart and mind, what might Jesus be inviting me to consider through these words or picture?

What prayer is in my heart right now?



After the 13th Station:

All:

Lord Jesus, help us walk in your steps.

Before the 14th Station:

Prayer Leader:

We adore you, O Christ, and we bless you.

All:

Because by your holy cross you have redeemed
the world.

14th Station: Jesus is laid in the tomb (John 19:38-42)

Later, Joseph of Arimathea asked Pilate for the body of Jesus. Now Joseph was a disciple of Jesus, but secretly because he feared the Jewish leaders.

With Pilate's permission, he took the body away. He was accompanied by Nicodemus, the man who earlier had visited Jesus at night. Nicodemus brought a mixture of myrrh and aloes, about seventy-five pounds. Taking Jesus' body, the two of them wrapped it, with the spices, in strips of linen. This was in accordance with Jewish burial customs.

At the place where Jesus was crucified, there was a garden, and in the garden a new tomb, in which no one had ever been laid. Because it was the Jewish day of Preparation and since the tomb was nearby, they laid Jesus there.

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With an open heart and mind, what might Jesus be inviting me to consider through these words or picture?

What prayer is in my heart right now?



After the 14th Station:

All:

Lord Jesus, help us walk in your steps.

Before the 15th Station:

Prayer Leader:

We adore you, O Christ, and we bless you.

All:

Because by your holy cross you have redeemed
the world.

15th Station: Jesus is risen
(Psalm 15:8-11 quoted in Acts 2:25)

“I saw the Lord always before me,
for he is at my right hand that I may not be
shaken;

therefore, my heart was glad, and my tongue
rejoiced; moreover, my flesh will dwell in hope.

For thou wilt not abandon my soul to Hades,
nor let thy Holy One see corruption.

Thou has made known to me the ways of life;
thou wilt make me full of gladness with thy
presence’

...

Let us praise the Risen Christ –

Thanks be to God.



After the 15th Station:

All:

Lord Jesus, help us walk in your steps.

Closing Prayer:

Reader:

LORD JESUS CHRIST, your passion and death is the sacrifice that unites earth and heaven and reconciles all people to you.

May we who have faithfully reflected on these mysteries follow in your steps and so come to share your glory in heaven where you live and reign with the Father and the Holy Spirit one God, for ever and ever.

All:

Amen.