

Contemplative Time

Do you yearn for rest, prayer and nurturing in your busy schedule?

What would your life look like if you gave yourself two retreat opportunities at the Center and six quiet afternoons during the year?

Silence, spiritual direction and *lectio divina* are available to aid your reflection.



Presenters & Spiritual Directors

Monika Ellis, OSB

Retreat and Spiritual Director
Masters in Education

Laura Swan, OSB

Retreat and Spiritual Director
Masters in Theological Studies
Masters in Church Ministry & Renewal

Paz Vital, OSB

Retreat and Spiritual Director
Masters in Theology and Ministry

Anna-Camille Wooden, OSB

Retreat Leader; MA in Education
Commissioned Centering Prayer Presenter

Sonja Weber, OSB

Listening with the Spirit Candidate

Lucy Wynkoop, OSB

Retreat and Spiritual Director
Masters in Theology, concentration in Scripture
Masters in Theology, concentration in Monastic Studies
Certificates in Spiritual Direction & Supervision

Retreat on October 18—20, 2023

Wednesday, 7:15pm—Friday, 1:00pm
at the Center.

Centering Prayer
Thursday, 9:00am—11:30am
S. Anna-Camille

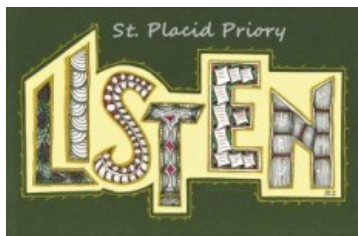


A spiritual director will meet with you during your retreat time.

Retreat on March 20—22, 2024

Wednesday, 7:15pm—Friday, 1:00pm
at the Center.

Creative Process
Thursday, 9:00am—11:30am
S. Monika



A spiritual director will meet with you during your retreat time.

Monthly Sessions:

Third Thursday, 1:30pm—7:15pm

The format will include contemplative quiet, spiritual direction, spiritual nourishment, and small group prayer during our 3:30pm—4:45pm reflection on Richard Rohr's *Everything Belongs*

September 21, 2023 - **Ch 1** S. Lucy
Center & Circumference, pp 13-27

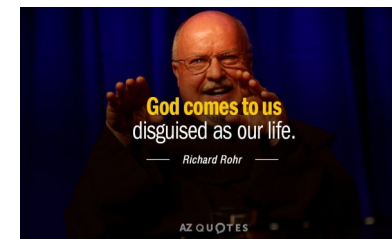
November 30, 2023 - **Ch 2** S. Monika Ellis
Vision and Enchantment, pp 28-59

January 18, 2024 - **Ch 3** S. Paz Vital
Ego and Soul, pp 60-92

February 15, 2024 - **Ch 4** S. Sonja Weber
Cleansing the Lens, pp 93-121

April 18, 2024 - **Ch 5** S. Paz Vital
Don't Push the River, pp 122-153

May 16, 2024 - **Ch 6** S. Laura Swan
Return to the Sacred, pp 154-176



My House Shall Be Called a House of Prayer

"And can my heart become
the house of prayer
Where the silence of God
softens the clamor..."



Monika Ellis, OSB



Laura Swan, OSB



Lucy Wynkoop, OSB



Sonja Weber, OSB



Anna-Camille Wooden, OSB



Paz Vital, OSB

Costs and Registration Process

There are 2 options for the Oasis Zoom hybrid retreat: a retreat in person at the Center, or a retreat via Zoom (hybrid = some participants are present and some participants are on Zoom).

The cost for a retreat at the Center which includes meals is \$1100.

The Zoom retreat is \$800 (includes spiritual direction, a retreat at home and a presentation).

\$100 deposit due August 1, 2023 will be deducted from the cost of either type of the program.

Payment options:

Pay in full by September 21, 2023, or

Pay half by September 15, 2023 & January 18, 2024

If you need another optional financial plan, please contact Janice.

Please register online.

We take most major credit cards online.

We accept cash & check.

Your payments will be recorded and you will receive an emailed statement.

Register early to secure your place.

If you are unable to register online, kindly contact Janice at the Priory Spirituality Center:

The Priory Spirituality Center

500 College Street NE

Lacey, WA 98516-5339

Phone: (360) 438-2595

E-mail: prioryprograms@stplacid.org

www.stplacid.org

Directions

Traveling South on I-5

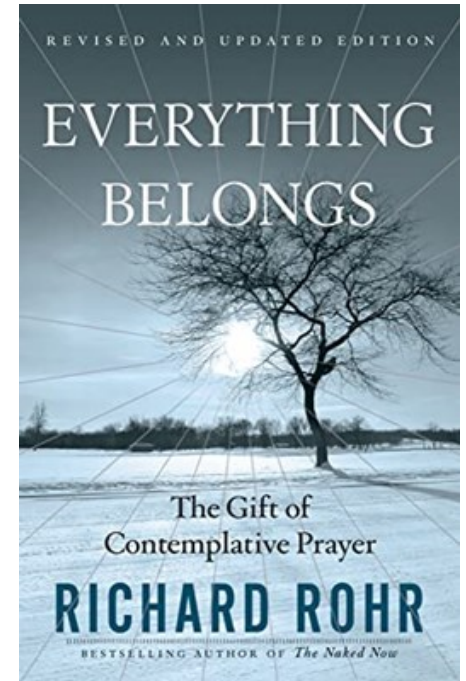
- Take **Exit 109**
- Right onto Martin Way
- Right at next light onto College St. NE
- Right at the second driveway on the right

Traveling North on I-5

- Take **Exit 109**
- Left onto Martin Way
- Right at second light onto College St. NE
- Right at the second driveway on the right

Oasis 2023-2024

Contemplative Time on Thursdays



BENEDICTINE SISTERS *St. Placid Priory*

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