

Listening with the Spirit

is a two-year formation/discernment process to become a Spiritual Director.

In the context of community, participants are invited to explore and develop attitudes and skills appropriate for those called to the adventure of serving as a spiritual companion.

Benedictine Values which permeate the formation:

- Lectio Divina prepares us to read life as sacred story.
- Hospitality opens us to receiving the other as Christ.
- Stability teaches us to be present to our experiences.
- Continual Conversion becomes a life-long commitment.

(St. John's University in Collegeville, MN)



Formation Process

The First Year on Zoom includes:

- A variety of approaches to spirituality and prayer
- Faith-sharing, group spiritual direction
- Integration of psychology and spirituality within the ministry of spiritual direction
- Skills needed for the art of direction
- Language for understanding and expressing the inner journey
- Ongoing discernment for the ministry

The Second Year is a year of experience in Spiritual Direction which includes:

- Topical presentations relating to direction and spiritual growth
- Supervised experience of spiritual direction
- Experience of individual and peer group supervision
- On-going discernment for the ministry



Meeting Time

Class meets Wednesday mornings from 9am-noon, for 24 sessions from the end of September through May with a discernment at the end of year 1 about going to year 2.



Admission Criteria

The program is ecumenical in character and is open to people who:

- Have been in Spiritual Direction for at least six months with a "trained" Spiritual Director.
- Are prayerful persons able to listen to God, self and others
- Are grounded in a faith tradition
- Are able to demonstrate basic competencies in contemporary scripture, theology and psychology
- Have made a silent retreat
- Are able to articulate a sense of call to this ministry
- Are available for an interview with the program staff

Staff

Listening with the Spirit is led by trained staff members and other invited experts who work out of an adult learning style.

Staff biographical information is on the other side of the folder.

Application Procedures

Call or write for application materials.

Applications will include:

- References
- Brief spiritual autobiography
- Initial interview with staff team

Interview

Interviews will begin in February prior to the start of the program year and will continue until class is filled. Candidates will be notified of interview results in a timely fashion.

Program Fees

A non-refundable \$100 application fee is to be submitted with application materials.

If accepted, candidates will be asked to make a non-refundable deposit of \$100. (Deposit will be credited to tuition.)

Full tuition fees are set on a yearly basis but will run about \$4,300 (\$2,100 for year 1 and \$2,200 for year 2) for the full two years. This is subject to change.

Full payment, half-year payments, or quarterly payments will be accepted according to a mutually agreeable contract.

Please address all correspondence to:

LWS

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Sister Monika Ellis, OSB

MA in School Administration Concentration
in counseling
Spiritual Direction Certification
Retreat Facilitator
Artist and Arts Instructor in various media
Zentangle Certified Teacher
Composer and text writer of hymns
Listening with the Spirit, Year 1 Facilitator



Lucy Wynkoop, OSB

MA in Theology, concentration in Scripture
Mt. Angel Seminary, St. Benedict OR
MA in Theology, concentration in Monastic Studies
St John's University, Collegeville, MN
Internship Program in the Art of Spiritual Direction
Mercy Center, Burlingame, CA, 1991
Internship in the Art of Supervision of Spiritual
Directors, Mercy Center, Burlingame, CA, 1993
Listening with the Spirit Facilitator



Mary Pandiani

BA, Psychology, UCLA
MA, Global Leadership, Fuller Seminary
D. Leadership from Portland Seminary
Selah Center/Soul Stream, Spiritual Direction
certificate program
Supervision Workshop 2018
Listening with the Spirit Facilitator



2023-2025

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