

Benedictine Oblate Manual

Oblate/Guest Commitment

Preparing to come together:
Lectio/Reflection on life

Coming together

Benedictine Values/ Scripture St. Placid Priory

At home,

Living out invitation

What does commitment mean to me in preparing for being together in our Oblate meetings?

What does commitment mean to me in coming together for our meetings?

What does commitment mean to me in living out what God has invited me to be from our meetings?

What does commitment mean to me in relating with St. Placid Priory?

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| Community of St. Placid Priory S. Sharon (Marie) McDonald | S. Therese Gonneville |
|---|--------------------------|
| ` / | Initial Formation |
| S. Lucy Wynkoop | |
| S. Angela Hoffman (Portland) | S. Julian Cleary |
| S. Mary Giles Mailhot | S. Raphaela Cady |
| S. Monika Ellis | Camille Wooden |
| S. Laura Swan | Mary Franklin |
| S. Maureen O'Larey | Tricia Burns |
| S Dorothy Robinson | Alicia Boulet |
| 5 Dorothy Robinson | Afficia Boulet |
| Deceased Members | |
| S. Mary Elizabeth Weber | 07-02-1966 |
| S. Catherine (Ebba) Obrigawitch | 10-21-1969 |
| S. DeLourdes Magyar | 01-28-1974 |
| S. Clarilla Ernster | 10-30-1977 |
| S. Milburgis Sager | 11-25-1977 |
| S. Hilberta Ludwig | 09-16-1979 |
| S. Roswitha Lenhart | 04-20-1980 |
| S. Gabriel Greeninger | 07-24-1981 |
| S. Eymard Imbiorski | 04-26-1982 |
| S. Othmarine Cassutt | 01-29-1986 |
| S. Ositha Stellbrink | 09-11-1986 |
| S. Benette Bursey | 07-28-1987 |
| S. Catherine Bannon | 09-19-1988 |
| Louise Parks | 02-19-1991 |
| S. Roger Hommerding | 09-03-1993 |
| S. Leonissa Immdieke | 11-12-1994 |
| S. Phoebe Passler | 06-04-1995 |
| S. Michon Sassman | 03-23-1996 |
| S. Myrna Fischer | 07-19-1996 |
| S. Jean Driessen | 04-13-1997 |
| S. Agnes (Donald) Kauth | 03-05-1998 |
| S. Joan Helm | 08-12-1998 |
| S. Margaret Mary (Othmar) Dickson | 08-21-1998 |
| S. Margaret (Benjamin) Kuntz | 04-05-2000 |
| S. Magdalen (Daniel) Kiefel | 10-03-2000 |
| S. Placidia Haehn | 05-30-2002 |
| S. Claude Rieland | 08-18-2003 |
| • S. Ann (Albert) Notch | 08-23-2003 |
| S. Cecilia (Stanisia) Przbylski | 02-03-2004 |
| S. Marie (Hugolin) Wimmer | 07-09-2006 |
| • S. Ann Echtle | 05-30-2007 |
| S. Stephanie St. Martin | 11-25-2010 |
| S. Jarlath Rademacher | 12-20-2010 |
| S. Margaret Ann (Finnette) Rohling | 06-24-2013 |
| S. Nathalie Karels | 02-12-2014 |
| | |
| S Mary (Lydia) Walczewski | 02-20-2016 |
| S Rosemarie Terwey | 05-04-2016 |
| • S Damaris Zander | 11-28-2017 |
| | |

Oblate Meeting Outline (can vary)

| 11:50-12:20pm | After session Social Time with Sisters |
|---------------|---|
| 12:20-12:30pm | Pick up copies of materials for session |
| 12:30-1:10pm | Opening Prayer/Ritual Discussion of Rule—in small groups Guest, candidates, new Oblates |
| 1:10-2:00 | Facilitator led activity of their choice |
| 2:00-2:10 | Break |
| 2:10-2:40 | Lectio Divina (below) /Journaling |
| 2:40-3:00 | Announcements and Closing |

Small Group Lectio Process for Oblate Meeting

Prepare

- Take a moment to come fully into the present.
- Sit comfortably alert, eyes closed, and center yourself with breathing.
- Invite yourself to be present to the Spirit.

1. Hear the Word (that is addressed to you.)

First reading (read twice). Listen for the word or phrase that attracts you from the passage. Repeat it over to yourself softly during a one minute silence.

When the leader gives the signal, say aloud only that word or phrase (no elaboration) or you may pass.

2. Ask, "How is my life touched?" (by this/these words)

Second reading. Listen to discover how your life is touched today by this passage.

Consider possibilities or receive a sensory impression or image during the two minutes of silence. When the leader gives the signal, speak a sentence or two beginning with "I hear, I see, or I sense" or you may pass.

3. Ask, "Is there an invitation here?" (for you)

Third reading. Listen to discover a possible invitation relevant for this month.

Ponder it for two minutes in silence. When the leader gives the signal, share briefly with your group or you may pass.

4. Pray (for one another to be enabled to respond to the invitation). Pray aloud, or silently for God to help the person on your right respond to their invitation. After each spoken or silent prayer the one who prays says **"Amen"** followed by a group

Liturgy of the Hours Sources

Benedictine Daily Prayer: A Short Breviary Second Edition (ed) Maxwell E Johnson

Carmelite <u>People's Companion to the Breviary Volume I and II</u> (inclusive language) (second hand copies only)

Christian Prayer: Liturgy of the Hours

Schreck, Nancy OSF; Leach, Maureen, OSF Psalms Anew

Sutera, Judith OSB. Work of God: Benedictine Prayer 2 weeks, no readings

<u>Give Us This Day</u>—St. John Collegeville (hard copy) or https://www.giveusthisday.org/

http://ebreviary.com/ --subscription

http://universalis.com/

Benedictine Spirituality Readings

Rule of Benedict

Bockmann, Aquinata, Perspectives on the Rule of St. Benedict

Bockmann, Aquinata, Around the Monastic Table

*Chittister, Joan. Spirituality for the Twenty First Century (new)

The Rule of Benedict: Insights for the Ages (older version)

de Drueille, Mayeul. The Rule of Saint Benedict

de Waal, Esther. <u>A Life-Giving Way: A Commentary on the Rule</u> of St. Benedict

Fry, Timothy. RB 1980 The Rule of St. Benedict in English (Rule)

Fry, Timothy. <u>RB 1980 The Rule of St. Benedict in English</u> (Rule and readings)

Kardong, Terrence. Benedict's Rule (advanced commentary)

Kardong, Terrence. Together Unto Everlasting Life

Pinocchio, Br. St. Benedict's Rule for Monks (woodcuts)

Schauble Marilyn and Wojciak, Barbara. <u>A Reader's Version of the</u>
Rule of Saint Benedict in Inclusive Language

Stead, Julian. Saint Benedict: A Rule for Beginners

*Vest, Norvene. Preferring Christ

Recommended

- *Chittister, Joan. The Monastery of the Heart
- *Chittister, Joan. Wisdom Distilled from the Daily
- *de Waal, Esther. Seeking God: The Way of St. Benedict
- *Feiss, Hugh. <u>Essential Monastic Wisdom</u>
- *Holdaway, Gervase (ed). The Oblate Life
- *Lindahl, Kay The Sacred Art of Listening
- *Stewart, Columba. <u>Prayer and Community: The Benedictine</u> Tradition
- *Swan, Laura. Engaging Benedict
- *The Benedictine Handbook

Valente, Judith's How to Live & Atchison Blue

*Wiederkehr, Macrina. Sevensacredpauses

Benedictine Spirituality

Canham, Elizabeth: <u>Heart Whispers: Benedictine Wisdom for Today</u>

Chittister, Joan. <u>Illuminated Life</u> (contemplation)

Chittister, Joan. The Way to Inner Freedom: A Guided Journal

Chittister, Joan. Radical Spirit: 12 Ways to Live a Free & Authentic

<u>Life</u> (RB 7 Humility)

Dean, Eric. Saint Benedict for the Laity

DeLeon, Roy. Praying with the Body: Bringing the Psalms to Life

Derkse, Wil's <u>A Blessed Life: Benedictine Guidelines for Those</u>

Who Long for Good Days

de Waal, Esther. Living with Contradictions

Grun, Anselm. Benedict of Nursia: His Message for Today

Hollermann, Ephrem. <u>The Reshaping of Tradition: American Benedictine</u>
Women 1852-1881

Holman, Daniel and Collins Pratt, Lonni. Radical Hospitality

Holman, Daniel and Collins Pratt, Lonni. Benedict's Way

Kardong, Terrence. Benedict Backwards: RB in the 21st Century

Kulzer, Linda; Bondi, Roberta (ed). Benedict in the World:

Portraits of Monastic Oblates

LeMee, Katharine. The Benedictine Gift to Music

McQuiston II, John. Always We Begin Again: The Benedictine

Q <u>Way of Living</u>

Mork, Wulstan. The Benedictine Way

Paintner, Christine. <u>Lectio Divina--The Sacred Art: Transforming</u>
Words and Images into Heart-Centered Prayer

Paintner, Christine; Wynkoop, Lucy. Lectio Divina: Contemplative

Awakening and Awareness

Plaiss, Mark. A Journey into Lay Monasticism

Schaefer, Konrad. Berit Olam's Psalms

Schmitt, Miriam; Kulzer, Linda (ed). Medieval Women Monastics

Skrabec, Quentin's St. Benedict's Rule for Business Success

Standaert, Benoi's Spirituality an Art of Living: A Monk's Alphabet...

Swan, Laura (ed). The Benedictine Tradition: Spirituality in History

Taylor, Brian C.'s <u>Spirituality for Everyday Living: An Adaptation of the Rule of St. Benedict</u>

Tinsley, Ambrose. The Benedictine Way

Tvedten, Br. Benet. Be a Monastic and Not Leave Your Daily Job

Tvedten, Br. Benet. The View from a Monastery

Valente, Judith. How to Live: What the RB Teaches us...

Vest, Norvene. Desiring Life; Friend of the Soul; No Moment too Small

Wagner, Br. Francis de Sales's <u>Sacred Rhythms: The Monastic Way</u>
Every Day

Zimmermann, Odo; Avery, Benedict. Life and Miracles of St. Benedict

Invitation to Oblate and Guests to participate in St. Placid Priory Ministries

Live out Benedictine values in your home, church and workplace

Ministries at St. Placid Priory Call 360-438-1771

The Priory Store—contact Zoila Roberts email: thepriorystore@gmail.com

Receptionist at St. Placid—contact Melissa Wright Call 360-438-1771

Grounds, repairs—contact Sister Julian email jcleary@stplacid.org or Call 360-438-1771

Library (typing, putting books on self, accessioning books)—
Contact Sister Laura Swan—lauraswanosb@gmail.com
Call 360-438-1771

Receptionist, preparation of Center, hospitality Contact Janice at 360-438-2595 email spiritualityctr@gmail.org

Give programs for The Priory Spirituality Center; do hospitality on weekends—contact S Lucy Wynkoop (lucywynkoop@gmail.com)

- Help market programs and retreat possibilities
- Take newsletters to your church, group, etc.
- Spread word about individual & group retreat opportunities
- Vocations/New Membership ideas

Fiber Arts—contact S Monika Ellis email sr.monika.osb@gmail.com

Financial donations—contact S Maureen O'Larey email molarey@gmail.com or Call 360-438-1771

Talents you wish to share—contact S Lucy Wynkoop email lucywynkoop@gmail.com 6-19-2019 Updated