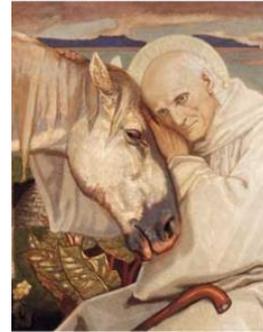


NOVEMBER OBLATE MEETING: Preparation work, schedule, discussion questions and lectio

Preparation

- Read chapter 3 Earth: Our Original Monastery
- If time permits do one or more of the suggested practices. You will have a chance to share in the large group at the end of the meeting.
 - Meditation: Resting in Gratitude
 - Contemplative Walk: Walking in Gratitude
 - Herbal Invitation: Mugwort Dream Pillow
 - Visual Art Exploration: Working with the Materials of Creation
 - Writing Exploration: Go to the Pine
- Check out “Oblate Animal Saints” on our Oblate webpage (located on the Priory website)
- Check out “What Keeps Me Coming Back” on Oblate webpage



Meeting Schedule and Plan

12:15 – 12:30 Log into Zoom meeting (zoom link will be sent out on Nov. 6th – let Anna-Camille know if you don't receive it.

12:30 – 1:15 Sr. Anna-Camille will facilitate presentation of Chapter 3.

- Review of the schedule
- Opening Prayer
- A look at Chapter 3: saints, becoming who we are and gratitude (Sr. Anna-Camille)
- Small group discussion:
 - What is your definition of a saint? How has it evolved over time?
 - What is your response to this quote: *“The trees and flowers do not try to be other than what they were created to be. They teach us how to live out our own sainthood by no longer refusing our true nature. To become a saint means to embrace our essential nature, which is the vessel through which we carry out our calling.”*
 - If time, consider this: what is your (our) essential nature?



- Return to large group and share small group discussions as time permits

1:15 – 1:30 Transition back to small groups and break

1:30 -2:15 Lectio in small groups

- Introductions
- Lectio (the Lectio reading is at the bottom of this page)
- Any remaining time can be spent journaling or in silent meditation

2:15 – 2:20 Transition back to large group

2:20 – 2:45 Large group sharing of Practices from Chapter 3

2:45 – 3:00 Announcements and Closing Prayer

Lectio: “Ask the animals and they will teach you; the birds of the air and they will tell you; ask the plants of the earth and they will teach you; and the fish of the sea will declare to you. Who among all these does not know that the hand of the lord has done this? In his hand is the life of every living thing and the breath of every human being.” Job 12: 7 – 10 (NRSV)