

Christine Valters Paintner's Earth as Our Original Monastery

Send ahead of September 13' 2020 Session:

-Schedule

-Copy of Richard Bruxvoort Colligan's lyrics for "Cathedral of Earth, Sky, and Sea" (opening prayer)

-Lectio Terrestris process (named by Belden Lane)

Preparation for Session 1:

Read and reflect on pp 1-17

Choose some of the following suggestions: (there will be a little time to share with the large group)

Go on a Contemplative Walk pp 12-13

Visual Exploration: Build a Cairn pp 15-16

Write a Haiku about nature:

Line 1 – 5 syllables

Line 2-7 syllables

Line 3-5 syllables

Write a Closing Blessing about your experience of nature p 17

"Earth as the Original Cathedral"

12:15-12:25pm Arrival on Zoom

12:30-1:30pm Sister Lucy will welcome Christine Valters Paintner, an Oblate of St. Placid since 2004. Christine will share an opening prayer with the video "Cathedral of Earth, Sky and Sea" by Richard Bruxvoort Colligan, with Betsey Beckman dancing to the music 4:17 min.

Christine's will share on how to experience each chapter in a contemplative and creative way.

1:30-1:35pm S Raphaela will explain breakout rooms

1:35-1:45pm BREAK (Go into random breakout rooms facilitated by Oblate Formation team)

1:45-2:15pm Facilitators will use a Guided Lectio developed by Christine for Terrestrial Lectio.

2:15-2:20pm Return to main rooms

2:20-2:45pm Optional sharing of a haiku, blessing on stability or a favorite place that is your cathedral sanctuary or whatever you choose from the contemplative, creatives possibilities.

2:45-3:00pm Sister Anna-Camille's announcements

Please sign up for an Advent Retreat or both if you wish

Advent Retreats--<https://stplacid.org/spirituality-center/weekend-programs/> (partial scholarships if needed)

11/28-29/20 Advent Silent Retreat: Potter God facilitated by S Lucy \$55 (\$100 with spiritual direction)

12/5/20 Oblate Advent Retreat: Simplicity facilitated by Laura Tenisci, S Anna-Camille, S Lucy \$55