

Cost

The cost is \$900 if you do the total program. Preference will be given to those who wish to do the total program.

If you choose to attend some sessions or retreats, the monthly sessions are \$90 and each retreat is \$200.

Please email Lucy Wynkoop, OSB for an application and payment plan for the total program or for some sessions and retreats at lwynkoop@stplacid.org or call the Center 360-438-2595.

Send in \$100 by **August 7, 2010** as a nonrefundable deposit to The Priory Spirituality Center for Oasis.

Please purchase Joan Chittister's [The Breath of the Soul](#)

Address

The Priory Spirituality Center
500 College Street NE
Lacey, WA 98516-5339
Phone: (360) 438-2595

FAX: (360) 438-9236

E-mail: spiritualityctr@stplacid.org

Directions to the Priory Spirituality Center

Traveling north from Portland, on I-5
Take Exit 109
Turn left onto Martin Way
Stay in the far right lane
Turn right at second light onto College Street
Turn right at St. Placid sign (second possible right turn)

Traveling south from Seattle, on I-5
Take Exit 109
Turn right onto Martin Way
Stay in the far right lane
Turn right at the light onto College Street
Turn right at St. Placid sign (second possible right turn)



Therese Gonneville, OSB



Mary Giles Mailhot, OSB



Monika Ellis, OSB



Lucy Wynkoop, OSB



Laura Swan, OSB

Oasis 2010-11

Contemplative Time



BENEDICTINE
SISTERS *St. Placid Priory*

THE PRIORY SPIRITUALITY CENTER
THE CONFERENCE CENTER
THE PRIORY STORE

500 College Street NE
Lacey, WA 98516-5339
(360) 438-2595
spiritualityctr@stplacid.org
www.stplacid.org



Contemplative Time

Do you yearn for rest, prayer and nurturing in your busy schedule?

What would your life look like if you gave yourself 2 retreat opportunities and 6 quiet afternoons during the year?

Spiritual direction and lectio divina are available to aid your reflection, as is silence. If you desire less structure, that is also an option.

Presenters & Spiritual Directors

Laura Swan, OSB

Master, Church Ministry & Renewal
Master of Theological Studies
Spiritual Director and writer

Lucy Wynkoop, OSB

MA in Theology, concentration in Scripture
MA in Theology, concentration in Monastic Studies
Retreat and Spiritual Director

Mary Giles Mailhot, OSB

MA in Religious Studies
Retreat and Spiritual Director

Therese Gonneville, OSB

MA in Pastoral Theology
Retreat and Spiritual Director

Monika Ellis, OSB

MA in Education
Retreat and Spiritual Director



Retreat in October

You have the option of coming Sunday evening at 7:30 pm and staying until Tuesday afternoon (October 3-5, 2010) or coming on Monday evening at 7:30 pm and staying until Wednesday afternoon (Oct 4-6, 2010). If other options are needed, please indicate them on the application.

A spiritual director will work with you during your retreat time.

October 5 Tuesday

*9:00-11:30 am Lucy Wynkoop OSB
Being Contemplative in the midst of
Chaos & St. John's Illuminations I*

Retreat in April

You have the option of coming Sunday evening at 7:30 pm and staying until Tuesday afternoon (April 10-12, 2011) or coming on Monday evening at 7:30 pm and staying until Wednesday afternoon (April 11-13, 2011). If other options are needed, please indicate them on the application.

A spiritual director will work with you during your retreat time.

April 12 Tuesday

*9:00-11:30 am Lucy Wynkoop OSB
Being Contemplative in the midst of
Chaos & St. John's Illuminations II*

Monthly Sessions 1:30-7:15 pm

The format will include contemplative quiet, spiritual direction, spiritual nourishment, small group prayer, liturgical prayer and dinner with the Sisters.

We will have a small group prayer process with each monthly session. Joan Chittister's The Breath of the Soul will be our guide in our prayer experiences and lectio from 3:30 to 4:45pm.

November 2, 2010: Enthusiasm for Life
S Monika

November 30, 2010: Constancy, Living
S Therese in God, Prayers and Action

January 4, 2011: Formlessness,
S Therese Purpose, Abandonment

February 1, 2011: Openheartedness
S Monika

March 1, 2011: Effort, Readiness,
S Therese Involvement

May 10, 2011: Attention
S Monika

My House Shall Be Called a House of Prayer

"And can my heart become
the house of prayer
Where the silence of God
softens the clamor..."

Sister Miriam Pollard, OCSO